

The following materials have been developed through a Participatory Action Research approach that fully engaged the targeted communities. In addition, a member of the University of Minnesota, School of Public Health has evaluated each publication.

CANCER

Breast Cancer: How to Examine Your Breasts

Describes three simple ways a woman can save her own life through early detection of breast cancer.

60 languages including Amharic, Bosnian, Chinese, Hmong, Khmer, Oromo, Russian, Spanish and Somali.

Cervical Cancer: Learn About Cervical Cancer

Discusses risk factors and warning signs for cervical and endometrial cancers.

34 languages including Arabic, Greek, Hmong, Laotian, Spanish, Somali, and Urdu.

Mammography: A Women's Guide to Mammography

Presents the importance of early detection of breast cancer and the vital role of mammography.

34 languages including Bosnian, French, Hmong, Korean, Spanish, Somali and Tibetan

Prostrate Cancer: What You Have to Know About Prostate Cancer

Explains the warning signs of prostate cancer and what to do if its presence is suspected.

33 languages including Chinese, Filipino, Hmong, Japanese, Portuguese, Spanish, and Somali.

Smoking (Lung Cancer)

Uses art and text to teach about cancerous tumors in the lung and the toll the smoker's body pays.

27 languages including Arabic, English, Hmong, Spanish, Somali, Tibetan and Vietnamese.

Caring for Cancer Patients at Home

Details the techniques needed for improving the quality of life for cancer patients.

2 languages including Farsi (Persian) and Dari

HIV/AIDS

AIDS Education

Provides basic information about HIV/AIDS, how to change unhealthy behavior, and who is at risk. Ten pages of text in simplified, friendly English to appeal to immigrant teens and new readers of English.

3 languages including Hmong, Khmer and Farsi.

SOMALI CULTURE

Working with Somali Women

Professionals will find how to work with Somali immigrants

2 languages including English and Somali.

Working with Somali Women (Female Circumcision)

Professionals will find vital information regarding the unique problems of female-circumcision.

1 language: English



COMMUNITY PROFILES

Each community profile has been developed in collaboration with the community and or cultural group it seeks to represent.

Each profile provides general cultural information understanding there is great variability among people in any group. The topics included in each profile include History and Demographic Information, Religion, Language and Communication Styles, Family Structure and Roles, Social Values, Dating and Marriage, Maternal and Child Health, Nutrition, Death and Dying, Health Care Values, Beliefs and Practices, Traditional Healing and Specific Health Problems. In addition, each profile includes suggestions for health care providers, examples of community organizations and additional resources.

11 profiles including South Asian, Russian Jewish, European American, Somali, Bosnian, Albanian, Hmong, Nuer, Ukrainian, Jewish American, Vietnamese